

# Westbourne Whispers

## June 2020

### June Birthdays

3 Faye  
7 Eileen  
16 Jeanne  
16 Gloria  
20 Luise  
21 Maria  
23 Ron  
25 Lona  
28 Ed



### Compliments

I've been told that I am thoughtful,  
That my feet are on the ground.  
Some say that I am likeable  
And fun to be around.

It's been said that to my principals  
I stand firm and true.  
That I'm dependable and honest  
In the things I say and do.

But the single greatest  
Compliment that I have ever had,  
Is when somebody told me,  
"You remind me of your dad."  
Ron Tranmer



THANK YOU!  
to all who take such loving care of  
gardens and planters here at  
Westbourne.  
They are a delight to see!

GOOD THINGS  
COME TO THOSE  
WHO BAIT.



### A FEW IMPORTANT REMINDERS

1. While we pride ourselves on being a warm and welcoming community, we would like to keep Westbourne Place as secure as possible. Please open the door **ONLY** for those who you **KNOW LIVE HERE** or are here to visit with **YOU**. While others may look friendly or familiar they may not be welcome visitors. **Let's keep our building safe!**
2. Westbourne Place is a completely smoke free facility and we would ask that all respect this for the comfort of all residents. This includes any smoking material.
3. Pigeons.— once again we are battling our spring friends as they try to roost on our balconies. Please sweep off your balconies regularly so they do not begin to build nests. Please do not have bird feeders that will attract them to your suite. Please let the office know if you see pigeon activity on any balcony, especially presently vacant suites.
4. Main suite doors. For Calgary multi-dwelling buildings, the fire code asks that all hallway suite doors be kept closed at all times.

*Please see further information on the reverse.*

### June Events

June 20th—Summer begins  
June 21st—Father's Day



On March 5th, Alberta saw its first case of Covid-19.

12 1/2 weeks later and the threat of contracting Covid-19 remains very high, very real and very serious.

With the gradual reopening of society, you will see on the news lots of coverage of people pushing the limits of what is safe.

Here at Westbourne we remain very vigilant and want to remind you of some continuing rules to help keep our building as safe as we can.

- 1) No overnight visitors.
- 2) Essential visitors only and only in your suite, not the common areas.
- 3) All compost must be in compostable bags, no exceptions. If it is going into the green bin it MUST be in an approved compostable bag.
- 4) All household garbage going into the blue compactor machine must be bagged.
- 5) Please, at all times, used kleenex must be bagged.
- 6) All visiting within the building must maintain a 6 foot spacing between people.
- 7) All the AHS Guidelines printed below are still in effect.

We look forward to the AHS bulletin about further relaxing of the emergency protocols that are in place, sometime between June 15th and June 17th.

If there is anything you don't understand or there is some clarification you need please contact us in the office.

Thank you for the great job so far !!!

Your Staff

**Prevention starts with awareness. Be informed on how you can protect yourself and others from COVID-19:**

- Isolate if you're feeling sick.
- Limit the number of times you leave your home. When out, maintain physical distancing of 2 metres.
- Wash your hands frequently for at least 20 seconds with warm water and soap.
- Cover coughs and sneezes and stay home if you are sick.
- Avoid touching your face.
- Wear a mask in public places where keeping a distance of 2 metres is difficult.